

NEWSLETTER

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## How the TORS robotic surgery helps remove tumors from the throat

By Jeremy Baker, Reporter  
KENS5

Robotic surgery is quickly becoming the norm in many cancer procedures, thanks to its safety and more successful outcomes.

“TORS” stands for trans-oral robotic surgery. It is a surgical procedure performed completely through the patient’s mouth using robotic technology to facilitate the procedure. Dr. Jay Ferrell, a head and neck surgeon with UT Health San Antonio and the Mays Cancer Center told us, “Anywhere we operate is high stakes real estate, very tight confines. It’s a bit of a tricky proposition to get a large surgical robot into the patient’s oral cavity.”

But once the surgical robot and its instruments are in place, Dr. Ferrell said, “We get very good exposure that allows us to perform these surgeries in a safe and effective way.”

The benefits of TORS include shorter hospital stays, lower risk of infection, quicker return to normal activity, reduced risk of long-term swallowing problems, and less scarring compared to open surgery. “There can be some delayed return to normal swallowing and speech, but it is much shorter than what we saw in the traditional surgical procedures,” Dr. Ferrell said.

TORS is used to remove tumors from the back of the throat and to operate on cancers of the oropharynx, including the tonsils and the base of the tongue. In the past couple of decades, the number of people diagnosed with these cancers has been rising. “We quickly learned this was associated with the human papilloma virus, or HPV, which we’ve known for a long time causes cervical cancer in women,” Dr. Ferrell said.

This year, it is estimated that 53,000 adults in the U.S. will be diagnosed with oral and oropharyngeal cancer. These types of

# TORS



WATCH VIDEO

### Benefits of TORS – Trans-Oral Robotic Surgery:

- Shorter hospital stays
- Lower risk of infection
- Quicker return to normal activity
- Reduced risk of long-term swallowing problems
- Less scarring compared to open surgery

cancers are twice as high in men than in women. Cancers of the oral cavity are the eighth most common cancer in men, with about 25 percent of cases occurring in those under the age of 55.

But now, thanks to TORS, surgeons can look at tumors from all angles to result in much better outcomes. “It allows you basically to look around the corners, at the back of the tongue, these types of things which normally you wouldn’t have a line of sight for,” Dr. Ferrell said. “It not only allows them to have an excellent survival expectation, but again, hopefully, have as limited of treatment side effects as possible.”

Watch as Dr. Virginia Kaklamani, leader of the breast oncology program, debunks common myths on what causes breast cancer.



WATCH VIDEO



## There's still time to get your flu shot

We are bringing the flu shot to our employees and students. Help us stop the spread of influenza this season. Please bring a photocopy of your insurance card and ID Badge with you. Contact **Wellness 360** with any questions at 210-567-2788.

**October 18**  
PARC Conference Room 121  
10 a.m. – 4 p.m.

**October 25**  
MARC Conference Room B  
10 a.m. – 4 p.m.

**October 28**  
MARC Conference Room B  
10 a.m. – 4 p.m.



## 2019 Women's Comprehensive Health Conference

**Saturday, November 16, 2019**

The Witte Museum

8 a.m. – 12 p.m.

Registration Fee: \$25

Breakfast is served at 8 a.m.

Get your tickets to our 2019 women's health conference on Saturday, November 16. It's a day at The Witte dedicated to every woman's Heart, Health & Happiness. Enjoy health screenings, gourmet catered breakfast, empowering patient stories, expert health information, door prizes, swag bags, and so much more.

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